



# Resources to Support Safer Teen Driving

## Free, Web-based, Parent-Guided Plans



**Parents Are the Key,** <https://www.cdc.gov/parentsarethekey/parents>

- Developed by the Centers for Disease Control and Prevention
- Resources for parents on how to get involved with their teen's driving including a [Parent-Teen Driving Agreement](#)
  - Both teen and guardian sign the agreement and pledge to be responsible drivers
  - Includes driving responsibilities, agreed upon driving restrictions, and penalties for contract violations

**Teen Driving Plan,** <https://www.teendriversource.org/learning-to-drive/practice-driving-lessons>

- Developed by the Children's Hospital of Philadelphia
- Resources organized by [driving environment](#) including:
  - Driving goals for each environment, short video tutorials, and [Goal Guide](#)
- [Logging and Rating Tool](#) keeps parent-supervised driving lesson plans on track

**Checkpoints,** <https://youngdriverparenting.org/>

- Developed by the University of Michigan's Injury Prevention Center
- [Checkpoints Parent-Teen Driving Agreement](#) is completed by parent and teen including:
  - Allowable driving conditions - weather, roads, times of day, teen passengers
- Parent and teen review driving progress regularly (checkpoints)
- Teens progress through the checkpoints with responsible driving

## Mobile Applications to Monitor Driving and/or Restrict Cell Phone Use

*Apps are compatible with Android and iOS and do not disable Bluetooth calls or GPS navigation*

Application	Parental Access to Driving Data?	Blocks Texts & Calls?	Costs?	Website
Applications Available to Anyone				
AT&T DriveMode®	X	✓	X	<a href="https://www.att.com/support/article/wireless/KM1000730/">https://www.att.com/support/article/wireless/KM1000730/</a>
bSafeMobile	✓	✓	◦Vehicle plug-in device	<a href="https://bsafemobile.com/">https://bsafemobile.com/</a>
DriveSense® by esurance <sup>+</sup>	X	X	X	<a href="https://www.esurance.com/drivesense-mobile-app">https://www.esurance.com/drivesense-mobile-app</a>
Drivewise® from Allstate <sup>+</sup>	✓	X	X	<a href="https://www.allstate.com/drive-wise.aspx">https://www.allstate.com/drive-wise.aspx</a>
LifeSaver	✓	✓	◦Parent Portal	<a href="https://lifesaver-app.com/families/">https://lifesaver-app.com/families/</a>
MOTOSafety	✓	X	◦Monthly Service Fee ◦Vehicle plug-in device	<a href="https://www.motosafety.com/">https://www.motosafety.com/</a>
OnMyWay <sup>++</sup>	X	✓	X	<a href="https://onmyway.com/">https://onmyway.com/</a>
TrueMotion Family <sup>+++</sup>	✓	X	X	<a href="https://gotruemotion.com/safe-driving-apps/">https://gotruemotion.com/safe-driving-apps/</a>
Applications Only Available to Customers				
Drive Safe & Save™ State Farm® <sup>+</sup>	✓	X	◦Free vehicle plug-in device	<a href="https://www.statefarm.com/insurance/auto/discounts/drive-safe-save">https://www.statefarm.com/insurance/aut o/discounts/drive-safe-save</a>
Sprint Drive™*	✓	X	◦Monthly Service Fee ◦Vehicle plug-in device	<a href="https://www.sprint.com/en/landings/drive/sprint-drive.html">https://www.sprint.com/en/landings/drive/sprint-drive.html</a>
Steer Clear® State Farm <sup>+</sup> (must be under 25)	✓	X	X	<a href="https://www.statefarm.com/insurance/aut&lt;br/&gt;o/discounts/steer-clear">https://www.statefarm.com/insurance/aut o/discounts/steer-clear</a>
Teen Safe Driver <sup>SM</sup> American Family Insurance <sup>+</sup> (must be under 21)	✓	X	X	<a href="https://www.amfam.com/insurance/car/teensafedriver">https://www.amfam.com/insurance/car/teensafedriver</a>
T-Mobile SyncUp Drive*	✓	X	◦Monthly Service Fee ◦Vehicle plug-in device	<a href="https://www.t-mobile.com/offers/syncup">https://www.t-mobile.com/offers/syncup</a>

<sup>+</sup>Insurance discounts can be earned; <sup>++</sup>Rewards can be earned for safer driving; <sup>+++</sup>Does not block calls and texts, but tracks phone usage when driving; \*Includes Wi-Fi hotspot  
Please note, this document is intended only as a guide. The information herein is based on content taken from the various organizations' websites and other resources. Lurie Children's has not independently confirmed the details of or assessed these programs. Individuals are urged to contact the organizations directly for the most up to date and accurate information.